

Getting it right for everyone (GIRFE) Project

Information sheet for members of the Public taking part.

Getting it right for everyone (GIRFE)

Date: 17th May 2024

Venue: Aberdeen City Vaccination Centre

Aim

This event has been organised to enable the testing of models of support which have been developed through feedback from the public and health and social care staff on new ways of working which could improve the experience of those who come into contact with Health and Social Care Services. This will be referred to as Getting it Right for Everyone (GIRFE).

What is GIRFE?

GIRFE is a proposed multi-agency approach to support and services from young adulthood to end of life care.

GIRFE will help define an adult's journey through individualised support and services, and will respect the role that everyone involved has in providing support planning and support.

Too often, adults and their families are excluded from assessment and support processes by complex bureaucracy.

GIRFE is about providing a more personalised way to access help and support when it is needed – placing the person at the centre of all decision making that affects them to achieve the best outcomes, with a joined-up, coherent and consistent multi-agency approach regardless of the support needed at any stage of life.

Outcome

We will discuss up to three models of support (referred to as prototypes) and whether they are a good idea. We will also consider if they could be improved or changed. This feedback will be shared with the GIRFE policy team at the Scottish Government to inform a 'national toolkit' which will be used to support best practice in Health and Social Care across Scotland.

At the moment we expect this to be published nationally in **June 2024**.

Who will be there?

We look forward to seeing you at this event.

The following people will also be there to facilitate and take part in the journey mapping process.

Facilitators

Amy Richert

Grace Milne

Matt Carter

What to expect

We have three models (or prototypes) to discuss they are;

Prototype 1 – Who is in my Team?

This focuses on supporting people who have multiple professionals involved in their support to understand their 'formal' supports e.g. which professionals / services are supporting them, who they are and why.

It also focuses on maintaining choice and control over who is part of that team.

Prototype 2 – Ageing Well

This focuses on how we support Ageing well both indirectly through things like 'Age Friendly' initiatives and directly through classes, courses and information sharing.

Prototype 3 – Personal Network Diagram

This focuses on looking at what natural supports people have and how they can expand that network of support (if they choose to).

We will look at some examples of these models and use some props like leaflets and pictures to aid our thinking about how these could benefit people.

The atmosphere will be relaxed and the environment will feel safe and welcoming.

In order to understand who we have spoken to and whether there are gaps in the information from people with different characteristics across Scotland we will gather some information on you. For information on how we will collect and use this data follow [this link](#) or ask a facilitator who will provide this to you.

Who we are:

These sessions are being delivered by members of the **Aberdeen City Health and Social Care Partnership** or partners in the **Third sector** on behalf of the **Scottish Government's Getting it Right for Everyone' (GIRFE) Team.**

Where can I find out more about Getting it Right for Everyone (GIRFE)?

Information is available on the overall approach via the Scottish Government website on [this link](#)

The Alliance have also developed a video 'An introduction to Getting it Right for Everyone' which is available via [this link](#).

Who are the Aberdeen City Health and Social Care Partnership?

Our Values: The individuals and teams within the **Aberdeen City Health and Social Care Partnership (ACHSCP)** are all driven by, and held to account by the values of

- honesty,
- empathy,
- equity,
- respect
- transparency

Our Vision: *We are a caring partnership working in and with our communities to enable all people to achieve fulfilling, healthy lives.*

We work in partnership with NHS Grampian and Aberdeen City Council as well as with third and independent sector providers and the health and social care partnerships in Moray and Aberdeenshire as part of the Grampian wide system of health and social care.

The people of Aberdeen and their health and social care needs are at the centre of everything that we do. We care about the people of Aberdeen and are committed to working with them to deliver the services that they need now and in the future.